

ENGLISH

Thursday, June 13, 2024

Period: 8:30-11:30



**END OF TERM III EXAMINATION 2023-2024
QUESTION PAPER**

GRADE: SENIOR TWO

COMBINATIONS: O'LEVEL

DURATION: 3 HOURS

MARKS:

MARKS: .../100

CAMIS: .../50

INSTRUCTIONS

1) This paper consists of **FOUR** Sections **A, B, C** and **D**.

SECTION A: Comprehension and Vocabulary **(30 marks)**

SECTION B: Language use **(40 marks)**

SECTION C: Summary writing **(10 marks)**

SECTION D: Composition **(20 marks)**

2) Answer questions as instructed in sections **A, B** and **C**

3) Choose only **ONE** topic from Section **D**.

SECTION A: COMPREHENSION AND VOCABULARY

(30 MARKS)

Read the following text and answer questions.

NUTRITION

Everyone eats food. Some people eat lots of fruit and vegetables, others may eat more or less meat, and some people may eat healthy, but others do not. All of it is related to nutrition. **Nutrition** is the process of how people get the food that is needed to grow strong and healthy along with obtaining the necessary vitamins and nutrients to help bodies grow and function.

For children, good nutrition is especially important and it is necessary to eat healthy foods because kids are constantly growing. Good nutrition will lead to healthy bones and muscles, and without receiving the correct vitamins and nutrients while growing, a child will not grow as tall and as strong as they could be.

There are many aspects of nutrition including knowing about the different food groups, understanding calories, and learning about the different vitamins, nutrients, and minerals a body needs, and what to avoid.

There are five main food groups that should be eaten each day. Eating a variety of foods in each group will lead to receiving most important nutrients to remain strong and healthy. The first food group includes **grains** such as breads, cereals, pasta, and rice. The second food group is **dairy**, which includes milk, cheese, yogurt, and other dairy products. Apples, oranges, grapes, bananas, and much more are a part of the third food group, **fruits**. Of course, **vegetables** is in its own food group as well. There are many, many vegetables available to eat including beans, broccoli, peas, carrots, corn, and others. Finally, the fifth and final food group is **protein**, which can be found in beef, chicken, eggs, nuts, fish, and pork.

The portion size of each food group is not the same. For example, it is recommended that a person eat slightly more vegetables and grains than fruit and protein for each meal. There are also other guidelines on how to eat healthier, some of which includes drinking skim milk

instead of whole milk, water instead of sugary drinks, and eating wheat bread instead of white bread.

Calories are a measure of the amount of energy in food items. Calories are necessary to eat to get the energy needed to play, work, and move around. The calories get burned off during movement, so eating will replenish them. But if a person eats more calories than they burn, the excess is stored as fat. There are also some foods that contain empty calories, meaning they have very little nutritional value such as solid fats and sugars.

There are many healthy foods to eat in order to receive the vitamins and minerals needed. For example, vitamin A is found in milk and helps keep the immune system healthy; Vitamin C is found in oranges and other vegetables, which is good for blood vessels, teeth, healing, and the brain. Vitamin D and calcium is great for healthy bones and can be found in milk. Iron is needed for the blood and is available in red meat, poultry, fish, and leafy vegetables. These are just a few of the minerals and vitamins that keep a person healthy.

In summary, good nutrition leads to good health. When a person wants to lose weight, it can be done by eating healthier and exercising regularly. Nearly all foods contain some of the vitamins and minerals needed for the body, but it is also important to eat the right amount of foods from the five food groups: grains, dairy, fruits, vegetables, and protein.

PART I: READING COMPREHENSION

(15 MARKS)

1) Choose the correct option among the given alternatives.

(12 marks)

- a) Why is it most important for children to eat healthy foods?
 - i. Children are smaller than adults.
 - ii. They play and run more often
 - iii. Children like food better.
 - iv. Children are constantly growing.
- b) Which of the following food groups includes beef, chicken, and eggs?
 - i. Protein
 - ii. Grains
 - iii. Dairy
 - iv. Fruits

- c) Which of the following two food groups are needed slightly more than fruits and proteins?
- Dairy and vegetables
 - Vegetables and grains
 - Dairy and grains
 - All of the above
- d) Which of the following is the measure of energy in food?
- Nutrition
 - Calories
 - Values
 - Percent
- e) What happens when more calories are eaten than burned off?
- Fat is stored
 - Fat is released
 - Fat is burned off
 - None of the above
- f) Which of the following is good for healthy bones?
- Vitamin A
 - Iron
 - Vitamin D
 - Vitamin C

2) What is the role of both men and women in insuring good nutrition of their family?

(3 marks)

PART II: VOCABULARY

(15 MARKS)

3) Choose the best answer between brackets and complete the sentence.

(5 marks)

- She ate three slices of (**bread/breads**).
- (**Exercise/Exercises**) is good for all of us.
- She usually travels with a lot of (**luggage/luggages**).
- You have to use three eggs and two cups of (**flour/flours**).
- If you have finished, I'll give you more (**work/works**) to do.

- 4) Replace the word in bold with a word with a similar meaning. (5 marks)
- a) When I leave school, I would like to **study** Chemistry.
 - b) I want to **qualify** as an accountant.
 - c) Draw a **picture** to explain your work.
 - d) Did you read the **saga** about the beginning of this community?
 - e) The **next-door** family will visit us next Sunday.

- 5) Find the proper words given the following explanation. (5 marks)
- a) This is the field where our cows go for grazing. It is their **p**.....
 - b) Have you ever approached the structure where bees are kept and make honey?
Actually, it is called a **h**.....
 - c) Do you know that the home of a lion is called a?
 - d) This morning, our big cow gave birth to another.....
 - e) They have only one.....and many sows in this farm.

SECTION B: LANGUAGE USE (40 MARKS)

- 6) Join the first part of the sentences in **A** with it end in **B** (5 marks)

A

- a) Since I started wearing bright clothes when I walk at night,
- b) I am glad that our car has been fixed,
- c) My house is bigger than yours,
- d) As we were late for school,
- e) Since the potholes were fixed,

B

- i. as my mother can now drive me to school.
- ii. we had to run all the way there.
- iii. I don't get hit by cars.
- iv. there are fewer accidents.
- v. it is the biggest in the area.

- 7) Choose the right verb form among the ones suggested below. (5 marks)

a) Long ago people believed that the sun around the earth.

- i. Turned ii. has turned iii. turns

b) The road is closed. There..... an accident last night.

- i. Is ii. have been iii. has been iv. was

c) Aaronbuilding a house last year.

- i. Has started ii. starts iii. will start iv. started

d) My father a lot. He can speak five languages.

- i. Have travelled ii. travelled iii. travel iv. travel

e) been in love with someone?

- i. Has you ever ii. have you ever iii. did you ever iv. do you ever

8) Rewrite the following sentences as instructed between brackets. (6 marks)

a) Our teacher gave us an easy test. We all finished it very quickly (Join using:

Such.....that)

b) Zainabu might join the science club. She might join the computer club. (**Join using” and’)**

c) The computer broke down. (**Add a question tag)**

d) The soldiers bombed our houses. (**Begin: Our houses....)**

e) Kalisa is in the football team, and he is in the basketball team. (**Rewrite using” not only..... but also”)**

f) If I visit a friend after school, I will get home late. (**Begin by Unless)**

9) Fill in the blanks with at, in or on. (5 marks)

This has been a lousy morning for Nyagato. (a)..... the morning, she started her day by visiting her old schoolmate.....(b)..... the university of Kigali. There, she failed to find him as he was ...(c).... the building next door. She had to get to the bus station (d).... foot. She had no money...(e).... her.

10) Complete the sentence using the correct form of the word in brackets. **(5 marks)**

- a) I went to bed (**early**) than usual
- b) I'd like to have a (**reliable**) car.
- c) My salary is high, but yours is higher. My salary isn't as (**high**) as yours.
- d) Health and happiness are (**important**) than money
- e) His behaviour is (**bad**) than expected.

11) Check whether the following sentences are grammatically correct and correct if necessary. **(5 marks)**

- a) My brother fell off his bicycle and hurt him.
- b) Did you see them at the party last night?
- c) I don't know him. What's his name?
- d) They can't finish the work by themselves.
- e) Can you see you in the mirror?

12) One of the underlined sounds is pronounced differently from the three others. Write the word or the number corresponding to it. **(4 marks)**

- a) i. son ii. done iii. gone iv. won
- i. heat ii. beat iii. great iv. seat
- i. entry ii. try iii. cry iv. shy
- i. move ii. glove iii. food iv. rude

13) Fill in the gaps using the following words **(5 marks)**

Pedestrians, Collisions, Potholes, brakes, safety, road

- a) Look out for..... They also have a right to use the road.
- b) happen when drivers ignore stop signs.
- c) damage tyres and cause accidents.
- d) Take care of your vehicle. Faulty..... and tyres cause accidents.
- e) Road signs must be maintained for.....

**SECTION C: SUMMARY WRITING
MARKS)**

(10

14) Read this passage and summarize it in not more than 70 words.

My mother does not eat eggs, pork, fish, goat meat and chicken or any other meat. She believes these are “dirty” foods not meant to be eaten by women. She always discouraged my sisters from sitting with legs stretched when peeling bananas. My sisters were often sung songs to discourage them from climbing trees, sitting on the pounding mortar and not allowing anyone to jump over a pregnant woman.

My sisters being educated have refused to accept everything my mother tells them. They eat all the foods my mother considers to be “dirty”. However, they have retained some of the taboos like not climbing trees, stretching their legs and sitting on the pounding mortar and grinding stone.

In contrast, the boys were allowed to eat all the above. My mother knows to cook them very well without any complaint. As a boy, I was taught not to sleep away from home because I had to protect my sisters. I would be seriously punished if I fought with my sisters, but it was not the same case for my brother. When he was involved, they would give us sticks to cane each other. In terms of work, my mother didn’t discriminate.

Sometimes my sisters went to pray on Sunday and the boys would cook; that is when my father would not be around. My father never allowed girls to do any work that required physical energy. He also never punished girls seriously. I **don’t know why but that is how it is.**

**SECTION D: COMPOSITION
MARKS)**

(20

15) Choose one topic and develop it in not more than 200 words.

- a) Discuss different health habits that can help you to take care of your life.
- b) Discuss the effects of drug abuse.
- c) Write a letter to your friend and tell him/her what you know about “a balanced diet”.

END

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MARKING GUIDE

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SECTION A: COMPREHENSION AND VOCABULARY

(30 MARKS)

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NUTRITION

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For children, good nutrition is especially important and it is necessary to eat healthy foods because kids are constantly growing. Good nutrition will lead to healthy bones and muscles, and without receiving the correct vitamins and nutrients while growing, a child will not grow as tall and as strong as they could be.

There are many aspects of nutrition including knowing about the different food groups, understanding calories, and learning about the different vitamins, nutrients, and minerals a body needs, and what to avoid.

There are five main food groups that should be eaten each day. Eating a variety of foods in each group will lead to receiving most important nutrients to remain strong and healthy. The first food group includes **grains** such as breads, cereals, pasta, and rice. The second food group is **dairy**, which includes milk, cheese, yogurt, and other dairy products. Apples, oranges, grapes, bananas, and much more are a part of the third food group, **fruits**. Of course, **vegetables** is in its own food group as well. There are many, many vegetables available to eat including beans, broccoli, peas, carrots, corn, and others. Finally, the fifth and final food group is **protein**, which can be found in beef, chicken, eggs, nuts, fish, and pork.

The portion size of each food group is not the same. For example, it is recommended that a person eat slightly more vegetables and grains than fruit and protein for each meal. There are also other guidelines on how to eat healthier, some of which includes drinking skim milk

instead of whole milk, water instead of sugary drinks, and eating wheat bread instead of white bread.

Calories are a measure of the amount of energy in food items. Calories are necessary to eat to get the energy needed to play, work, and move around. The calories get burned off during movement, so eating will replenish them. But if a person eats more calories than they burn, the excess is stored as fat. There are also some foods that contain empty calories, meaning they have very little nutritional value such as solid fats and sugars.

There are many healthy foods to eat in order to receive the vitamins and minerals needed. For example, vitamin A is found in milk and helps keep the immune system healthy; Vitamin C is found in oranges and other vegetables, which is good for blood vessels, teeth, healing, and the brain. Vitamin D and calcium is great for healthy bones and can be found in milk. Iron is needed for the blood and is available in red meat, poultry, fish, and leafy vegetables. These are just a few of the minerals and vitamins that keep a person healthy.

In summary, good nutrition leads to good health. When a person wants to lose weight, it can be done by eating healthier and exercising regularly. Nearly all foods contain some of the vitamins and minerals needed for the body, but it is also important to eat the right amount of foods from the five food groups: grains, dairy, fruits, vegetables, and protein.

PART I: READING COMPREHENSION

(15 MARKS)

1) Choose the correct option among the given alternatives.

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iv. Children are constantly growing.

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- i. Protein**
- ii. Grains
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c) Which of the following two food groups are needed slightly more than fruits and proteins?

i. Dairy and vegetables

ii. Vegetables and grains

iii. Dairy and grains

iv. All of the above

d) Which of the following is the measure of energy in food?

i. Nutrition

ii. Calories

iii. Values

iv. Percent

e) What happens when more calories are eaten than burned off?

i. Fat is stored

ii. Fat is released

iii. Fat is burned off

iv. None of the above

f) Which of the following is good for healthy bones?

i. Vitamin A

ii. Iron

iii. Vitamin D

iv. Vitamin C

2) What is the role of both men and women in insuring good nutrition of their family?

(3 marks)

Answer: They both have the responsibilities to buy foods that can contribute to make a balanced diet and they have also to be skilled in preparing it and make sure that it is given to their family members every day.

PART II: VOCABULARY

(15 MARKS)

3) Choose the best answer between brackets and complete the sentence.

(5 marks)

a) She ate three slices of (**bread**/breads).

- b) (**Exercise**/Exercises) is good for all of us.
- c) She usually travels with a lot of (**luggage**/luggages).
- d) You have to use three eggs and two cups of (**flour**/flours).
- e) If you have finished, I'll give you more (**work**/works) to do.

4) Replace the word in bold with a word with a similar meaning.

(5 marks)

Answers:

- a) **Learn**
- b) **Certify**
- c) **Image, figure**
- d) **Story**
- e) **Neighbour**

5) Find the proper words given the following explanation.

(5 marks)

Answers:

- a) **Pasture**
- b) **Hive**
- c) **Den**
- d) **Calf**
- e) **Boar**

SECTION B: LANGUAGE USE

(40 MARKS)

6) Join the first part of the sentences in **A** with it end in **B**

(5 marks)

Answers:

- a) **Since I started wearing bright clothes when I walk at night, I don't get hit by cars.**
- b) **I am glad that our car has been fixed, as my mother can now drive me to school.**
- c) **My house is bigger than yours, it is the biggest in the area.**
- d) **As we were late for school, we had to run all the way there.**

e) Since the potholes were fixed, there are fewer accidents.

7) Choose the right verb form among the ones suggested below. (5 marks)

a) Long ago people believed that the sun around the earth.

- i. Turned ii. has turned iii. **turns**

b) The road is closed. There..... an accident last night.

- i. Is ii. have been iii. has been iv. **was**

c) Aaronbuilding a house last year.

- i. Has started ii. starts iii. will start iv. **started**

d) My father a lot. He can speak five languages.

- i. Have travelled ii. **travelled** iii. travel iv. travel

e) been in love with someone?

- i. Has you ever ii. **have you ever** iii. did you ever iv. do you ever

Answers/ 6 marks

a) iii b) iv c) iv d) ii 5) ii

8) Rewrite the following sentences as instructed between brackets. (6 marks)

Answers:

a) **Our teacher gave us such an easy test that we all finished it very quickly.**

b) **Zainabu might join the science club and the computer club. /Zainabu might join the science and the computer clubs.**

c) **didn't it?**

d) **Our houses were bombed by the soldiers**

e) **Kalisa is not only in the football team but also, he is in the basketball team**

f) **Unless I visit a friend after school, I will not get home late**

9) Fill in the blanks with *at, in or on*. (5 marks)

This has been a lousy morning for Nyagato. (a)**In** the morning, she started her day by visiting her old schoolmate.....(b)**at** the university of Kigali. There, she failed to find him as he was ...(c)**in** the building next door. She had to get to the bus station(d)**on** Foot. She had no money...(e)**on** her.

10) Complete the sentence using the correct form of the word in brackets. **(5 marks)**

- a) I went to bed **earlier** (early) than usual
- b) I'd like to have a **reliable** (reliable) car.
- c) My salary is high, but yours is higher. My salary isn't as **high** (high) as yours.
- d) Health and happiness are **more important** (important) than money
- e) His behaviour is **worse** (bad) than expected.

11) Check whether the following sentences are grammatically correct and correct if necessary. **(5 marks)**

Answers:

- a) My brother fell off his bicycle and hurt himself.**
- b) Correct**
- c) Correct**
- d) They can't finish the work by themselves.**
- e) Can you see yourself in the mirror?**

12) One of the underlined sounds is pronounced differently from the three others. Write the word or the number corresponding to it. **(4 marks)**

- a) i. son ii. done iii. **gone** iv. won
- i. heat ii. beat iii. **great** iv. seat
- i. **entry** ii. try iii. cry iv. shy
- i. move ii. **glove** iii. food iv. rude

13) Fill in the gaps using the following words

(5 marks)

Pedestrians, Collisions, Potholes, brakes, safety, road

Answers:

a) Pedestrians

b) Collisions

c) Potholes

d) Brakes

e) Safety

SECTION C: SUMMARY WRITING

(10 MARKS)

14) Read this passage and summarize it in not more than 70 words.

(10 marks)

My mother does not eat eggs, pork, fish, goat meat and chicken or any other meat. She believes these are “dirty” foods not meant to be eaten by women. She always discouraged my sisters from sitting with legs stretched when peeling bananas. My sisters were often sung songs to discourage them from climbing trees, sitting on the pounding mortar and not allowing anyone to jump over a pregnant woman.

My sisters being educated have refused to accept everything my mother tells them. They eat all the foods my mother considers to be “dirty”. However, they have retained some of the taboos like not climbing trees, stretching their legs and sitting on the pounding mortar and grinding stone.

In contrast, the boys were allowed to eat all the above. My mother knows to cook them very well without any complaint. As a boy, I was taught not to sleep away from home because I had to protect my sisters. I would be seriously punished if I fought with my sisters, but it was not the same case for my brother. When he was involved, they would give us sticks to cane each other. In terms of work, my mother didn't discriminate.

Sometimes my sisters went to pray on Sunday and the boys would cook; that is when my father would not be around. My father never allowed girls to do any work that required

physical energy. He also never punished girls seriously. I **don't know why but that is how it is.**

SECTION D: COMPOSITION

(20 MARKS)

- 15) Choose one topic and develop it in not more than 200 words.
- a) Discuss different health habits that can help you to take care of your life.
 - b) Discuss the effects of drug abuse.

Points to consider and marks allocation for composition a&b

Format

- (Title-introduction-body-conclusion- **2marks**)
- Margins - **1mark**
- Length: between 190-210 words/ **2marks**
between 160-189 words and 211-230 words/ **1mark**
below 160 words and above 230 words/ **0.5 mark**
- neatness - **1 mark**

Content:

- Introduction-**2 marks**
- Body: 3 ideas- **6 marks**
- Conclusion-**2 marks**
- Grammar and language use - **2marks (2 errors-0.5mark)**
- Coherence- **2 marks**

- c) Write a letter to your friend and tell him/her what you know about “a balanced diet”.

Points to consider and marks allocation for marking a letter

Format

- (Heading-greetings-introduction-body-conclusion-signature **(3 marks)**)
- Margins: **1 mark**
- Neatness: **1 mark**
- **Content:**

- Introduction-**2 marks**
- Body: ideas- **6 marks**
- Conclusion-**2 marks**
- Grammar and language use – **3 marks (2 errors-0.5mark)**
- Coherence- **2 marks**

END